



The "Oasis" Newsletter Spring 2024

Spring Sports: Hyperbaric Oxygen Therapy for Concussions and Injuries

*How does Hyperbaric Oxygen Therapy
help heal sports injuries & concussions?*



Hear from our Director of Hyperbaric Operations/Safety as he explains how Hyperbaric Oxygen Therapy (HBOT) will help heal

injuries and concussions.

Check out the article:

[Harnessing The Healing Power: Hyperbaric Oxygen Therapy For Sports Injuries And Concussion](#)

Early Recovery of Exercise Related Muscular Injury by HBOT



Early recovery from muscular injury is crucial for elite athletes. HBOT has been reported to be beneficial in terms of accelerating cell recovery and tissue repair.

[Click here to read the study](#)

April: National Autism Awareness Month



Autism spectrum disorder (ASD) is a neurodevelopmental condition that affects millions worldwide. In children with ASD, hyperbaric oxygen therapy may improve behavioral symptoms, such as memory, social interaction, cognitive function, speech and self-help skills.

[Click here for more information on HBOT and Autism](#)

Hyperbaric Oxygen Therapy for Long Covid



Hyperbaric oxygen therapy (HBOT) involves breathing pure oxygen in a pressurized chamber, which increases the amount of oxygen in the bloodstream, allowing it to reach tissues and organs more effectively.

Researchers are exploring its potential in addressing the lingering symptoms of long COVID.

[Click here to read more about HBOT for Long Covid Symptoms](#)

Treating Lyme Disease with Hyperbaric Oxygen Therapy



Physicians often add Hyperbaric Oxygen Therapy (HBOT) to antibiotic treatments for Lyme disease. The bacterium causing Lyme disease is anaerobic, meaning it can't survive in oxygen. HBOT raises oxygen levels in the body, reducing harmful bacteria. By flooding the organism with oxygen, HBOT targets the disease, which thrives in low-oxygen environments, ultimately aiding in its elimination.

[Read more about HBOT and Lyme Disease here](#)

May is Mental Health Awareness Month: Treating Mental Illness with Hyperbaric Oxygen Therapy



Hyperbaric Oxygen Therapy is a promising supportive treatment for mental health conditions including depression, anxiety, and post-traumatic stress disorder (PTSD). Its role in mental health is rooted in its ability to promote cellular repair and reduce inflammation, contributing to improved cognitive function and emotional well-being.

[Click here to read the article "Exploring The Transformative Power Of Hyperbaric Oxygen Chambers In Mental Health"](#)

Complex Regional Pain Syndrome



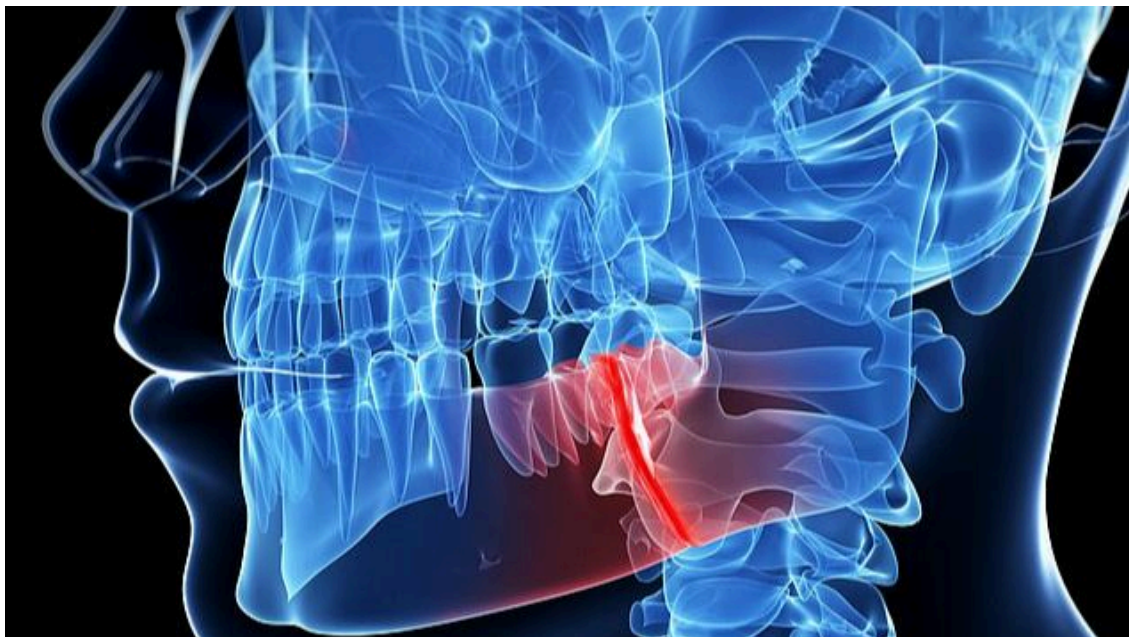
CRPS

Complex Regional Pain Syndrome

Articles recently published on natural approaches to treating Complex Regional Pain overlook the inclusion of Hyperbaric Oxygen Therapy (HBOT) - a safe, effective, and non-invasive therapeutic option.

[Click here to read studies & reviews on CRPS](#)

Revealing the Therapeutic Potential of Hyperbaric Oxygen Therapy in the Treatment of Radionecrosis



Any organ or tissue that was in the radiation field can be damaged and treated with hyperbaric oxygen therapy. HBOT is one of the most common treatments for Radionecrosis. HBOT enhances tissue oxygenation, promotes wound healing, and supports growth of new blood vessels.

[Click here to read more](#)

Healing Insights: Medical Director Dr. Ben Lam Reveals the Science Behind Hyperbaric Oxygen Therapy



Dive into the depths of knowledge as we demystify the wonders of Hyperbaric Oxygen Therapy (HBOT) in this educational video. Medical Director Dr. Ben Lam will guide you through the science behind HBOT, its therapeutic applications, and the remarkable healing potential it offers for various medical conditions. Discover how oxygen can be a catalyst for rejuvenation and recovery in this enlightening exploration of HBOT.

Unveiling the Oasis of Care: A Virtual Walkthrough of Our Center



Experience a virtual tour of our state-of-the-art Hyperbaric Oxygen Therapy Center. Explore our modern, spacious chambers designed for maximum comfort and safety, witness our expert medical staff in action, and discover how this treatment transforms lives through the healing power of oxygen. Step inside and embark on a journey of healing.

*Our business continues to
grow through your referrals.*

*Thank you for
recommending us!*



In order to help others learn about the benefits of Hyperbaric Oxygen Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~



Vicky Bliss, President & CEO

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing and quality of life for our patients and their families.

Visit O2 Oasis

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