



The "Oasis" Newsletter

Healing Insights: Medical Director Dr. Ben Lam Reveals the Science Behind Hyperbaric Oxygen Therapy



Dive into the depths of knowledge as we demystify the wonders of Hyperbaric Oxygen Therapy (HBOT) in this educational video. Medical Director Dr. Ben Lam will guide you through the science behind HBOT, its therapeutic applications, and the remarkable healing potential it offers for various medical conditions. Discover how oxygen can be a catalyst for rejuvenation and recovery in this enlightening

October 12: World Arthritis Day



October 12th is World Arthritis Day, a global initiative to raise awareness about the widespread impact of arthritis and extend support to those grappling with this condition. Arthritis is a prevalent ailment affecting millions worldwide, significantly influencing their daily routines and mobility. Disseminating knowledge, fostering understanding, and cultivating empathy are paramount in addressing this health challenge.

Arthritis transcends age and demographics, underscoring the necessity for collective efforts to emphasize early detection, appropriate treatment, and continual research aimed at enhancing the quality of life for individuals grappling with arthritis.

HBOT can suppress inflammation due either to immune factors or infection. Moreover, daily hyperbaric oxygen therapy suppresses the inflammatory response even if the disease is fully developed; however, the treatment of RA with hyperbaric oxygen therapy is more effective in the early stages of the disease.

[Read more about how HBOT can help with arthritis](#)

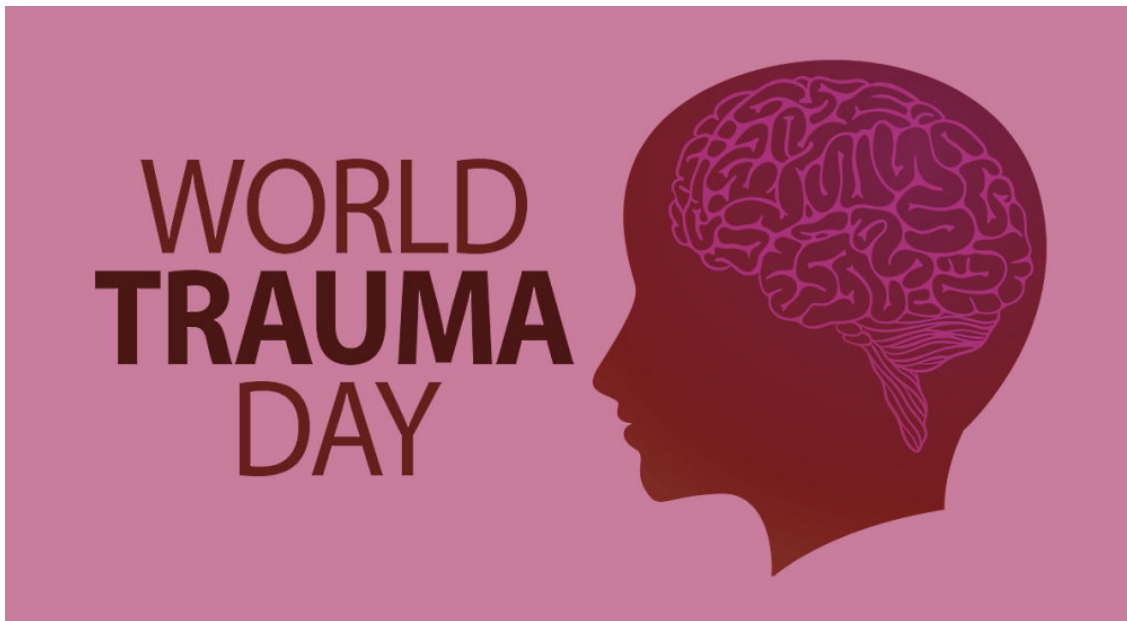
Hyperbaric Oxygen Therapy for Long Covid



Hyperbaric Oxygen Therapy is proving to be a highly effective treatment for long-haulers experiencing persistent symptoms of COVID-19, such as fatigue, brain fog, shortness of breath, and pain. In the most recent studies, patients treated by HBOT had significant improvement in their global cognitive function and more cognitive improvement related to their specific damaged brain regions responsible for attention and executive function. Significant improvement was also demonstrated in the energy domain, sleep, psychiatric symptoms and pain interference.

[Read the multiple the studies and reviews here](#)

October 17: World Trauma Day



October 17 is World Trauma Day- an annual observance focused on highlighting trauma-related challenges such as accidental trauma and Post-traumatic Stress Disorder (PTSD). It's opportune to shed light on Hyperbaric Oxygen Therapy as a viable treatment to mitigate the effects of PTSD.

[Learn more about HBOT for PTSD here](#)

Healing Under Pressure: The Power of Hyperbaric Medicine



The adaptability of Hyperbaric Oxygen Therapy renders it well-suited for customized protocols aligned with a patient's individual requirements. This quality proves particularly advantageous for women, considering their dynamic healthcare priorities throughout various stages of life. The following article discusses how HBOT works, the wide range of HBOT's healing properties, its role in women's health, anti-aging benefits, and more.

[Read the article here](#)

Hyperbaric Oxygen Therapy for the Management of Mild and Moderate Traumatic Brain Injury



Dr. Barry M. Miskin, MD, associated with Jupiter Medical Center in Jupiter, FL, has undertaken a captivating study recently featured in World Neurology. The study aims to delineate the effectiveness and safety of Hyperbaric Oxygen Therapy in addressing the enduring consequences of Traumatic Brain Injury (TBI) in patients.

[Click here to read the study](#)

November: Diabetes Awareness Month



We are privileged to recognize November as Diabetes Awareness Month and stand alongside the ADA in combating the severe consequences of chronic diabetes. Our goal is to emphasize the crucial role that hyperbaric oxygen therapy plays in preserving both limbs and lives.

Diabetic Wounds of the Lower Extremities is an insurance covered condition that we treat at our center. Hyperbaric Oxygen Therapy increases the amount of oxygen carried into the plasma and tissues surrounding the wound, promoting closure of non-healing wounds. There are many studies that have demonstrated the benefits of HBOT for diabetic foot ulcers.

[Click here to read the studies](#)

How Hyperbaric Oxygen Therapy aids in Addiction & Substance Recovery



Oxygen acts as the body's natural antibiotic, aiding the recovery of drug and alcohol addicts by accelerating healing. Increased oxygen absorption reduces the duration of toxic substances in the brain. Alcohol and drug abuse can lead to aldehyde and acid buildup in the brain. Hyperbaric Oxygen Therapy assists in detoxification by eliminating these toxins.

[Read more about Addiction and Substance Recovery here](#)

Legendary 8-time Mr. Olympia Winner, Ronnie Coleman, finds relief from pain he has been suffering with for years through HBOT



"Another round and another session of the Hyperbaric chamber. I had my stem cell treatment yesterday and I always have my Hyperbaric chamber treatment afterwards. The Hyperbaric treatment always speeds the healing process of my pain progression. Without the Hyperbaric treatment my pain progression takes 4 days for the pain to cease. My pain levels are so intense that it prevents me from being able to sleep at night. With the Hyperbaric treatment the pain progression stops in 1 day which means after one day of stem cell treatment combined with the Hyperbaric treatment my pain ceases in one day instead of four without the Hyperbaric treatment. So the Hyperbaric treatment is very beneficial for total elimination of pain and provides for very comfortable sleeping at night." -Ronnie Coleman

[Read the article here](#)

How Often Should You Do Hyperbaric Oxygen Therapy?



How often you should have hyperbaric oxygen therapy depends on the specific condition you're treating and how well you respond to the therapy. The following article talks about the recommended frequency of therapy sessions based on doctors' advice.

[Click here to read the article](#)

Unveiling the Oasis of Care: A Virtual Walkthrough of Our Center



Experience a virtual tour of our state-of-the-art Hyperbaric Oxygen Therapy Center. Explore our modern, spacious chambers designed for maximum comfort and safety, witness our expert medical staff in action, and discover how this treatment transforms lives through the healing power of oxygen. Step inside and embark on a journey of healing.

*Our business continues to
grow through your referrals.*

*Thank you for
recommending us!*



In order to help others learn about the benefits of Hyperbaric Oxygen Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~



Vicky Bliss, President & CEO

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing and quality of life for our patients and their families.

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