



The "Oasis" Newsletter

Healing Insights: Medical Director Dr. Ben Lam Reveals the Science Behind Hyperbaric Oxygen Therapy



Dive into the depths of knowledge as we demystify the wonders of Hyperbaric Oxygen Therapy (HBOT) in this educational video. Medical Director Dr. Ben Lam will guide you through the science behind HBOT, its therapeutic applications, and the remarkable healing potential it offers for various medical conditions. Discover how oxygen can be a catalyst for rejuvenation and recovery in this enlightening

Hyperbaric Oxygen Therapy for Idiopathic Sudden Sensorineural Hearing Loss



Study results show that absolute hearing gain was significantly greater in patients with HBOT, especially in patients with severe to profound hearing loss at baseline. Hyperbaric Oxygen Therapy has proven to significantly improve those with sudden hearing loss, especially within the first two weeks of onset. HBOT can improve the likelihood of back-to-normal hearing by increasing blood flow to the inner ear and nerve cells. HBOT helps restore the arterial-perilymphatic oxygen concentration, which is decreased in those with sudden hearing loss.

[Click here to read the study](#)

Benefits of incorporating HBOT into your daily routine



In addition to maintaining a consistent schedule, morning walks, meditation, and a nutritious breakfast, Forbes Business Council recommends incorporating hyperbaric oxygen therapy into your daily routine. Hyperbaric oxygen therapy improves mental clarity, enhances productivity, and is beneficial to your overall well-being. Forbes states, "Athletes and high-performing professionals alike have reported improved recovery, reduced inflammation and enhanced cognitive function following hyperbaric oxygen therapy sessions."

[Click here to read the Forbes article](#)

June is Alzheimer's and Brain Awareness Month



According to the National Institutes of Health, “Alzheimer’s disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out the simplest tasks.” With few treatment options currently available, this disorder not only affects the individuals that are diagnosed, but also deeply impacts family members and their ability to maintain a relationship. Severe memory loss, forgetting the names of loved ones and friends, and the decreased ability to concentrate – all these symptoms can strip a person of everything they once knew (loss of identity).

Dr. Paul Harch, Clinical Professor and Director of Hyperbaric Medicine, reported: “HBOT in this patient may be the first treatment not only to halt, but temporarily reverse disease progression in Alzheimer’s disease.” His latest research shows increased memory and concentration, sleep, conversation, appetite, ability to use the computer, resolved anxiety, and decreased disorientation and frustration in patients. Hyperbaric Oxygen Therapy (HBOT) not only stops the onset / progression of Alzheimer’s, it reverses the symptoms. Improving patient’s overall quality of life and allowing them to experience their normal lives again.

[Click here to read the studies and reviews on our website](#)

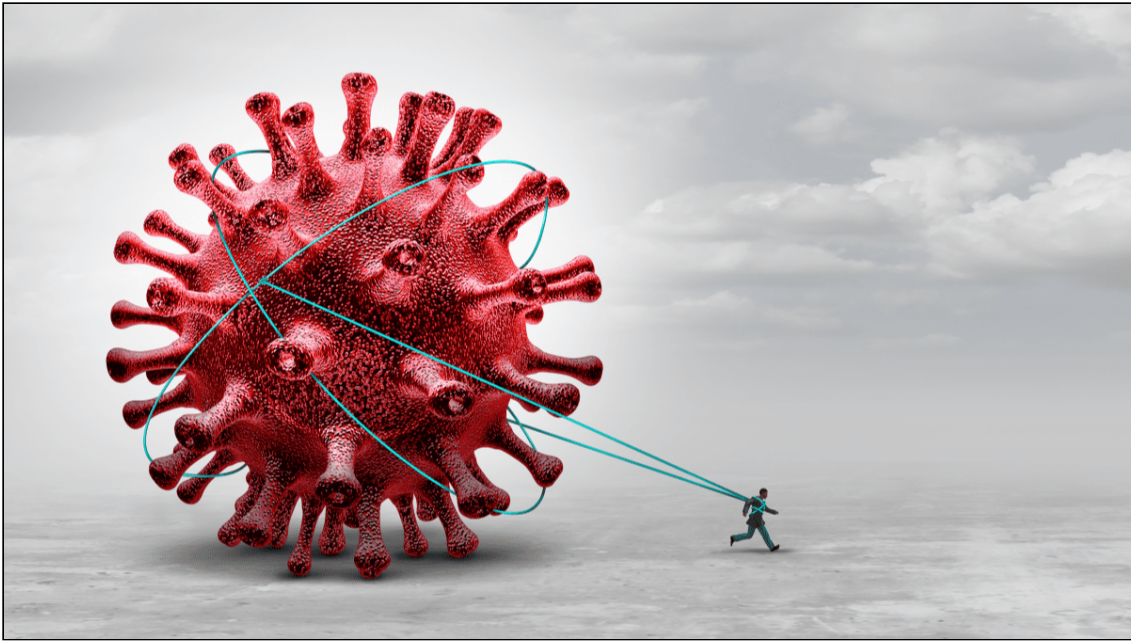
Actor, Jeremy Renner, used Hyperbaric Oxygen Therapy to speed up his healing recovery after his near-death snow plough accident



Jeremy's sister told People magazine "We are so thrilled with his progress. If anyone knows Jeremy, he is a fighter and doesn't mess around. He is crushing all the progress goals. We couldn't feel more positive about the road ahead."

[Click here to read about Jeremy Renner's recovery process](#)

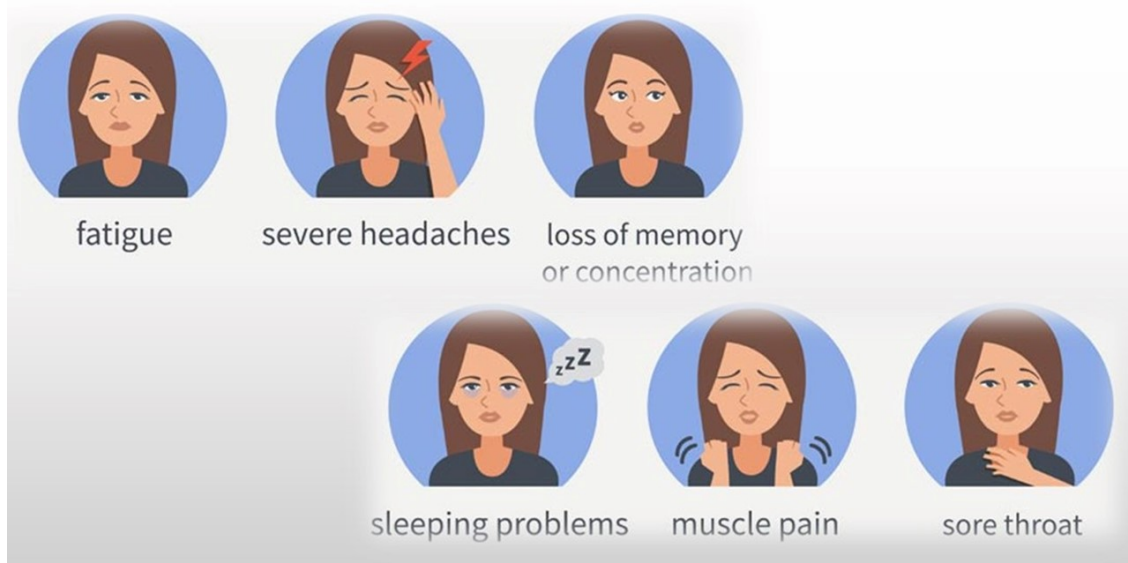
Hyperbaric Oxygen Therapy for Long Covid Symptoms



Post-COVID conditions may not affect everyone the same way. People with post-COVID conditions may experience health problems from different types and combinations of symptoms happening over different lengths of time. Most patients' symptoms slowly improve with time. However, for some people, post-COVID conditions may last months, and potentially years, after COVID-19 illness and may sometimes result in disability. According to a Forbes article, "In a recent study that included 60 long Covid patients, researchers observed that close to half of them or 48% had lower values that averaged at around -17.8% — proving that their cardiac function was impaired even three months after getting infected with the SARS-CoV-2 virus." Along with cardiac function, hyperbaric oxygen therapy can help symptoms of long covid such as fatigue, headaches, joint or muscle pain, sleep problems, and brain fog.

[Click here to read the article](#)

Hyperbaric Oxygen Therapy for Chronic Fatigue Symptoms



Chronic fatigue syndrome (CFS) is a long-term illness that limits your ability to do ordinary daily activities. CFS is most common in women in their 40s and 50s, but this syndrome can affect anyone at any age. Patients with CFS describe their symptoms as extreme tiredness, muscle or joint pain, headaches, problems concentrating, sore throat, dizziness, and trouble sleeping. As there is no cure for CFS, the goal of Hyperbaric Oxygen Therapy is to improve the symptoms. In a study designed to analyze the effectiveness of HBOT for CFS symptoms, patients received 15 treatments over a period of 3 consecutive weeks (5 days per week). The study was measured by two scores: the fatigue severity scale and the fatigue quality of life score. After their treatment sessions, patients concluded that hyperbaric oxygen therapy decreased the severity of their symptoms and increased their quality of life.

[Click here to read the study](#)

Our friend, Cara Mae in Norfolk, VA is changing the lives of our special operation forces veterans with hyperbaric oxygen therapy.

Hyperbaric Oxygen Therapy gives hope to veterans suffering from service-related illnesses



Cara Mae states, “Hyperbaric oxygen therapy can be used to treat myriad injuries, illnesses and diseases, Melton said, such as neuropathy, chronic pain, inflammation and stroke. But it also treats wounds that are invisible to the eye — depression, anxiety, anger, insomnia, which can all lead to suicidal ideations. The Food and Drug Administration has cleared its use for certain medical conditions, but other uses are considered off-label.”

[Click here to read the article](#)

September is Healthy Aging Month



A study by Tel Aviv University & Shamir Medical Center shows Hyperbaric Oxygen Treatments (HBOT) can reverse blood cell aging. Adults' blood cells grew younger during the treatments. Telomeres (chromosome ends) lengthened by up to 38%, and senescent cells decreased by up to 37%. This breakthrough may reverse aging at the cellular level. Learn more in the paper published in Aging on Nov 18, 2020.

[Click here to read the study](#)

Unveiling the Oasis of Care: A Virtual Walkthrough of Our Center



Experience a virtual tour of our state-of-the-art Hyperbaric Oxygen Therapy Center. Explore our modern, spacious chambers designed for maximum comfort and safety, witness our expert medical staff in action, and discover how this treatment transforms lives through the healing power of oxygen. Step inside and embark on a journey of healing.

*Our business continues to
grow through your referrals.*

*Thank you for
recommending us!*



In order to help others learn about the benefits of Hyperbaric Oxygen Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~



Vicky Bliss, President & CEO

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing and quality of life for our patients and their families.

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