

Michael P. Montico M.D.

Education

B.A., Albion College, Albion MI. 1990-1994.

M.D., Wayne State University School of Medicine, Detroit MI. 1994-1998. Start date: 8/1/94, Graduation date: 6/04/98.

Medical Training

Residency, Family Medicine. Department of Family Medicine Providence Hospital, Southfield, MI. 1998-2001. Start date: 7/1/98, Graduation date: 6/30/2001.

Fellowship, Primary Care Sports Medicine. Department of Family Medicine Providence Hospital, Southfield, MI. 2001-2002. Start date: 7/1/2001, Graduation date 6/30/2002.

Appointments and Positions

Medical Consultant, Holland Center. 3/10-current. Minnesota.

Program Director, Primary Care Sports Medicine Fellowship. Providence Hospital. 7/09-current. Michigan.

Attending Staff, Providence Hospital. Department of Family Medicine. 7/02-current. Michigan.

Staff Physician, Providence Family and Athletic Medicine. 7/02-current. Michigan.

Faculty, Family Medicine Residency Program. Providence Hospital. 7/02-current. Michigan.

Faculty, Primary Care Sports Medicine Fellowship. Providence Hospital. 7/02-current. Michigan.

Associate Program Director, Primary Care Sports Medicine Fellowship. Providence Hospital. 7/05-6/09. Michigan.

Preceptor, Family Medicine Residency Program. Providence Hospital. 7/02-6/06. Michigan.

Certification

Recertification. Certificate of Added Qualifications in Sports Medicine. 2012.

Recertification. American Board of Family Medicine. 2008.

Certificate of Added Qualifications in Sports Medicine. American Board of Family Medicine. 2002.

Board Certification. American Board of Family Medicine. 2001.

**Non Academic
Appointments**

Team Physician. Plymouth Whalers, Ontario Hockey League. 8/02-current

Event Physician. Detroit Free Press International Marathon. Detroit, MI. 10/02-10/08

Event Physician. Motor City Bowl, NCAA Division I College Football. Detroit, MI. 12/02-12/13.

Team Physician. Madonna University, Division II NAIA. 08/04-current.

Team Physician. South Lyon East High School. 8/07-current.

Coordinating Event Physician. YMCA Happy Trails Triathlon. 7/07- 7/09.

Coordinating Event Physician. Milford Labor Day 30K Race. 9/07- 9/08.

Team Physician. Berkley High School. 8/01-8/06.

Event Physician. NCAA Division I National Basketball Championships. Palace of Auburn Hills, 3/06.

Event Physician. Junior Global Football Championships, National Football League, 1/06.

**Publications and
Presentations**

Common Shoulder Injuries in Primary Care: a Sports Medicine Perspective. Presented at Great Lakes Family Medicine Update Conference. June 2009.

Shoulder evaluation: Injuries and Examination a Sports Medicine Perspective. Presented at State of Michigan Nurse Practitioners Clinical Update Conference. October 2008.

Primary Care Sports Medicine – 2nd edition. Chapter on Injury Prevention: M.Montico, J.Nguyen, S.Eathorne, M.Steele. D.McKeag, J.Moeller editors. Lipincott, Williams, and Wilkins 2007.

Sudden Cardiac Death in Athletes. Presented at State of Michigan Nurse Practitioners Clinical Update Conference. October 2007.

Preparticipation Exam and Sudden Death in Adolescent Athletes. Presented

at Michigan Society for Adolescent Medicine Conference. October 2006.

Sports Medicine Update on Ergogenic Aids. Presented at Sports Medicine Grand Rounds lecture series Northern Michigan Regional Hospital. June 2006.

Lower Extremity Injuries in Pediatric/Adolescent Athletes. Presented at Great Lakes Regional Nurse Practitioners Conference. April 2006.

Preparticipation Exam in Youth/Adolescent Athletes. Presented at Great Lakes Regional Nurse Practitioners Conference. April 2005.

Dangerous Training: a Sports Medicine Perspective. Presented at Great Lakes Regional Strength and Conditioning Conference. May 2004

Casting Workshop. Interactive workshop presented annually to Family Medicine residents and medical students. Providence Hospital. 7/02-current.

Upper Extremity Joint Exam Workshop. Interactive workshop presented annually to Family Medicine Residents and medical students. Providence Hospital. 7/02-current.

Lower Extremity Joint Exam Workshop. Interactive workshop presented annually to Family Medicine Residents and medical students. Providence Hospital. 7/02-current.

Diagnosis and Rehabilitation of Common Musculoskeletal Injuries. Interactive workshop presented annually to Family Medicine Residents and medical students. Providence Hospital. 7/02-current.

Awards

American Academy of Family Practice Teaching Award. Providence Family Medicine Residency. 2012.

American Academy of Family Practice Teaching Award. Providence Family Medicine Residency. 2004.

Schwartzberg Teaching Award for Teaching Excellence. Providence Family Medicine Residency. 2003.