



The "Oasis" Newsletter



**MARCH IS
MULTIPLE SCLEROSIS
AWARENESS MONTH**

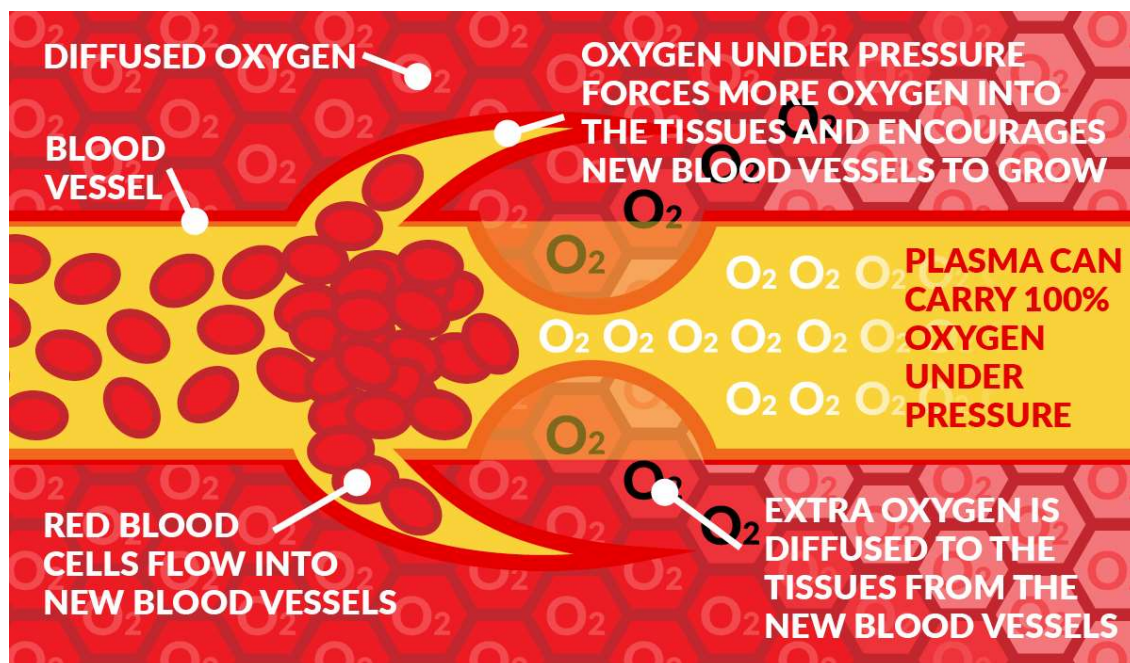
Multiple Sclerosis Awareness Month

Multiple Sclerosis - Multiple Sclerosis (MS) is an incurable disease of the central nervous system. "Sclerosis" refers to scarring of the white matter of the brain and spinal cord. MS usually strikes young adults and in time can render a person unable to write, speak, and walk. Some 400,000 Americans live with MS, and 200 more are diagnosed every week. About 80% of people with MS experience cycles of remission and relapse.

[Studies and reviews here](#)



Jenny shares how Hyperbaric Oxygen Therapy helped improve her MS symptoms



Hyperbaric Oxygen Therapy (HBOT) has Helped Many with Multiple Sclerosis.

HBOT consists of administering pure oxygen under pressure. There is oxygen in every breath we take, but only 21% of it. In a hyperbaric chamber, you breathe in 100% oxygen at up to 2 times the normal atmospheric pressure.

The heightened pressure conditions allow the extra oxygen to dissolve in the blood plasma, enabling all areas of the body to become flooded with it, including those where circulation is poor or blocked.

[Learn more now](#)

~HBOT Heals~ Man's Best Friend



A wonderful story of Hyperbaric Oxygen Therapy helping to heal man's best friend.....

[Check Out How HBOT helped this dog](#)

HBOT Reduces Inflammation for an Elite Athlete



Seahawks QB Russell Wilson is one of many elite athletes who have discovered hyperbaric chamber therapy. For Wilson, it helps reduce inflammation faster than the body does on its own – crucial for athletes who must fully recover and be ready to play. [Learn more here](#)

March is Traumatic Brain Injury Awareness Month



More than 1.7 million people sustain traumatic brain injuries every year. They happen on our roadways, on the battle field, on the playground and on the football field. Traumatic Brain Injury (TBI) is a disruption of normal brain function caused by a bump, blow, jolt or penetrating wound to the head caused by an external force.

[Learn More](#)

Surfers Sustain Brain Injuries



Many surfers suffer brain injuries during wipeouts, but few seek treatment, which can lead to long-term side effects. We encourage treating with hyperbaric oxygen therapy at a trained medical facility – if possible.

[Check out the nonprofit that is helping surfers heal](#)

Recovering from TBI



Suffering a traumatic brain injury from a vehicular crash, 19-year old Aiden underwent hyperbaric oxygen therapy. "I have a lot more clarity of thought, my stamina is better, I have more commitment and motivation to do things".....

[Read More About Aiden's Journey.](#)

Rosie's Life Was Turned Upside Down



March is Brain Injury Awareness Month. Please take a minute to remember all the kids and adults who have brain injuries. If you don't know someone who does, please think about 2 yr old Rosie McDaniel from Kings Mountain.

[Here is her story](#)

HBOT and the Aging Brain



U.S. Baby Boomers have the longest life expectancy in history, yet their brains are aging at a faster rate than previous generations, according to a recent Ohio State University nationwide study.

[You'll want to read this article](#)

In order to help others learn about the benefits of Hyperbaric Oxygen Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~



Vicky Bliss, President & CEO

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing and quality of life for our patients and their families.

Visit O2 Oasis

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